

**Men -Freestyle 50 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	Sri Lanka	<b>23.33</b>	<b>MATTHEW ABEYSINGHE</b>
Silver	India	23.54	VEERDHAWAL KHADE
Bronze	Bangladesh	23.95	MD. MAHFIZUR RAHMAN
<b>Record SAR: 23.33 MATTHEW ABEYSINGHE</b>			

**Men -Freestyle 100 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	Sri Lanka	<b>51.23</b>	<b>MATTHEW ABEYSINGHE</b>
Silver	Sri Lanka	52.11	KT. CHERANTHA DE SILVA
Bronze	BANGLADESH	52.34	MD. MAHFIZUR RAHMAN
<b>Record SAR: 51.23 MATTHEW ABEYSINGHE</b>			

**Men -Freestyle 200 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	Sri Lanka	<b>1:52.28</b>	<b>MATTHEW ABEYSINGHE</b>
Silver	India	1:53.03	SAURABH SANGVEKAR
Bronze	Bangladesh	1:56.19	MD. MAHFIZUR RAHMAN
<b>Record SAR : 1:52.28MATTHEW ABEYSINGHE</b>			

**Men -Freestyle 400 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
<b>Gold</b>	India	<b>03:58.84</b>	<b>SAURABH SANGVEKAR</b>
<b>Silver</b>	India	04:03.79	SAJAN PRAKASH
<b>Bronze</b>	Sri Lanka	04:11.07	KYLE ABEYSINGH
<b>Record SAR: 03:58.84 SAURABH SANGVEKAR</b>			

**Men -Freestyle 1500 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	India	<b>15:55.34</b>	<b>SAJAN PRAKASH</b>
Silver	India	16:13.15	SAURABH SANGVEKAR
Bronze	Bangladesh	17:11.95	MD. MAHFIZUR RAHMAN

**Record SAR: 15:55.34 SAJAN PRAKASH**

**Men -Back Stroke 50 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	India	<b>26.86</b>	<b>P.S MADHU</b>
Silver	India	27.18	M ARVIND
Bronze	Sri Lanka	27.49	MATTHEW ABEYSINGHE
<b>Record SAR: 26.86 P.S MADHU</b>			

**Men -Back Stroke 100 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	India	<b>57.94</b>	<b>P.S MADHU</b>
Silver	India	59.47	SETHU MANICKAVEL
Bronze	Pakistan	01:01.04	SYED MUHAMMAD HASSEB TARIQ
<b>Record SAR: 57.94 P.S MADHU</b>			

**Men -Back stroke 200 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	India	<b>02:08.00</b>	<b>M ARVIND</b>
Silver	Sri Lanka	02:14.94	KAVINDRA NUGAWEH
Bronze	PAKISTAN	02:19.57	NAVEED HUSSAIN
<b>Record SAR: 02:08.00 M ARVIND</b>			

**Men-Breast Stroke 50 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	India	<b>28.79</b>	<b>SANDEEP SEJWAL</b>
Silver	India	29.11	PUNEET RANA
Bronze	Bangladesh	30.41	MD SHAJAHAN ALI
<b>Record SAR : 28.79 SANDEEP SEJWAL</b>			

**Men-Breast Stroke 100 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	India	<b>01:03.14</b>	<b>SANDEEP SEJWAL</b>
Silver	India	01:03.80	PUNEET RANA
Bronze	SRI LANKA	01:05.86	KIRAN JASINGHE
<b>Record SAR : 01:03.14 SANDEEP SEJWAL</b>			

### Men-Breast Stroke 200 M

Medal	Country	Time	Athlete
Gold	India	<b>02:20.66</b>	<b>SANDEEP SEJWAL</b>
Silver	Sri Lanka	02:26.17	KIRAN JASINGHE
Bronze	Bangladesh	02:26.99	MD SHARIFUL ISLAM
<b>Record SAR : 02:20.66 SANDEEP SEJWAL</b>			

### Men-Butterfly Stroke 100 M

Medal	Country	Time	Athlete
Gold	Sri Lanka	<b>55.42</b>	<b>MATTHEW ABEYSINGHE</b>
Silver	India	55.86	SUPRIYO MONDAL
Bronze	Sri Lanka	56.00	KT. CHERANTHA DE SILVA
<b>Record SAR : 55.42 MATTHEW ABEYSINGHE</b>			

### Men-Butterfly Stroke 200 M

Medal	Country	Time	Athlete
Gold	India	<b>02:03.02</b>	<b>SAJAN PRAKASH</b>
Silver	Sri Lanka	02:11.10	KT. CHERANTHA DE SILVA
Bronze	Bangladesh	02:13.02	MD JUWEL AHMED
<b>Record SAR : 02:03.02 SAJAN PRAKASH</b>			

**Men- Relays (Freestyle) 4X200**

<b>Medal</b>	<b>Country</b>		<b>Athlete</b>
Gold	INDIA	<b>07:43.42</b>	<b>SAURABH SANGVEKAR</b>
			<b>RAJ BHANWADIA,</b>
			<b>NEIL CONTRACTOR,</b> <b>, SAJAN PRAKASH</b>
Silver	SRI LANKA	7:58.99	KYLE ABEYSINGH, ,
			SHEHAN DE SILVA
			KT.CHERANTHA DE SILVA,
			MATTHEW ABEYSINGHE
Bronze	Bangladesh	8:31.08	MD ASHIF REZA,
			, MD ANIK ISLAM,
			MD JUWEL AHMED
			MD MAHFIZUR
<b>Record SAR : 07:43.42 SAURABH SANGVEKAR, RAJ BHANWADIA, NEIL CONTRACTOR, SAJAN PRAKASH</b>			

**Men- Medlay 4X100**

<b>Medal</b>	<b>Country</b>		<b>Athlete</b>
Gold	INDIA	<b>3:49.78</b>	<b>P.S. MADHU,</b>
			<b>SANDEEP SEJWAL,</b>
			<b>SUPRIYO MONDAL,</b>
			<b>ANSHUL KOTHARI</b>
Silver	SRI LANKA	3:58.11	MATTHEW ABEYSINGHE, ,
			KIRAN JASINGHE,
			KT.CHERANTHA DE SILVA
			KYLE ABEYSINGH
Bronze	BANGLADESH	4:01.03	MD JUWEL AHMED,
			MD KAMAL HOSSAIN
			MD MAHAMUDUN NOBI NAHID
			, MD MAHFIZUR
<b>Record SAR : 3:49.78 P.S. MADHU, SANDEEP SEJWAL, SUPRIYO MONDAL, ANSHUL KOTHARI</b>			

## Standings –Women

### Women -Freestyle 50 M

Medal	Country	Time	Athlete
Gold	Sri Lanka	<b>26.49</b>	<b>KIMIKO RAHEEM</b>
Silver	Sri Lanka	27.40	MACHIKO RAHEEM
Bronze	India	27.44	MAANA PATEL
<b>Record SAR: 26.49 KIMIKO RAHEEM</b>			

### Women -Freestyle 100 M

Medal	Country	Time	Athlete
Gold	Sri Lanka	<b>57.20</b>	<b>KIMIKO RAHEEM</b>
Silver	Sri Lanka	59.64	MACHIKO RAHEEM
Bronze	India	01:00.14	SHIVANI KATARIA
<b>Record SAR: 57.20 KIMIKO RAHEEM</b>			

### Women -Freestyle 200 M

Medal	Country	Time	Athlete
Gold	India	<b>02:08.68</b>	<b>SHIVANI KATARIA</b>
Silver	Sri Lanka	02:09.02	MACHIKO RAHEEM
Bronze	Sri Lanka	02:11.63	ISHANI ERANDIKA SENANAYAKE
<b>Record SAR: 02:08.68 SHIVANI KATARIA</b>			

### Women -Freestyle 400 M

Medal	Country	Time	Athlete
Gold	India	<b>04:30.08</b>	<b>V MALVIKA</b>
Silver	India	04:38.43	SHIVANI KATARIA
Bronze	Nepal	04:40.93	GAURIKA SINGH
<b>Record SAR: 04:30.08 V MALVIKA</b>			

### Women -Freestyle 800 M

Medal	Country	Time	Athlete
Gold	India	<b>9:19.48</b>	<b>V MALVIKA</b>
Silver	Sri Lanka	9:48.62	ISHANI ERANDIKA SENANAYAKE
Bronze	Maldives	10:41.41	AMINATH SHAJAN
<b>Record SAR: 9:19.48 V MALVIKA</b>			

**Women -Back Stroke 50 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	Sri Lanka	<b>29.75</b>	<b>KIMIKO RAHEEM</b>
Silver	India	30.06	MAANA PATEL
Bronze	Pakistan	31.95	BISMA KHAN
<b>Record SAR : 29.75 KIMIKO RAHEEM</b>			

**Women -Back Stroke 100 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	SRI LANKA	<b>01:03.78</b>	<b>KIMIKO RAHEEM</b>
Silver	INDIA	01:06.00	MAANA PATEL
Bronze	NEPAL	01:07.31	GAURIKA SINGH
<b>Record SAR : 01:03.78 KIMIKO RAHEEM</b>			

**Women -Back stroke 200 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	Sri Lanka	<b>02:18.09</b>	<b>KIMIKO RAHEEM</b>
Silver	India	02:22.06	MAANA PATEL
Bronze	Nepal	02:26.93	GAURIKA SINGH
<b>Record SAR : 02:18.09 KIMIKO RAHEEM</b>			

**Women-Butterfly Stroke 200 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	India	<b>02:21.12</b>	<b>DAMINI GOWDA</b>
Silver	Sri Lanka	02:39.10	RIDMI RANKOTHGE
Bronze	Bangladesh	02:45.17	SONIA AKTAR
<b>Record SAR : 02:21.12 DAMINI GOWDA</b>			

**Women-Individual Medley 400 M**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	India	<b>05:14.51</b>	<b>SAYANI GHOSH</b>
Silver	India	05:23.32	SHRADDHA SUDHIR
Bronze	Sri Lanka	05:44.20	J U I SILVA
<b>Record SAR: 05:14.51 SAYANI GHOSH</b>			

**Womeen- Relays (Freestyle) 4X100**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	INDIA	04:01.9	<b>AVANTIKA CHAVAN, , ,</b>
			<b>V MALVIKA</b>
			<b>MAANA PATEL</b>
			<b>SHIVANI KATARIA</b>
Silver	SRI LANKA	04:05.1	KIMIKO RAHEEM,
			ISHANI ERANDIKA,
			SANDU SAVINDI,
			MACHIKO RAHEEM
Bronze	PAKISTAN	04:22.4	KIRAN KHAN LIANNA
			, BISMA KHAN,
			AREEBA SHAIKH,
			CATHERINE SWAN
<b>Record SAR: 04:01.9 AVANTIKA CHAVAN, V MALVIKA, MAANA PATEL, SHIVANI KATARIA</b>			

**Women- Relays (Freestyle) 4X200**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	INDIA	08:55.98	<b>SHRADDHA SUDHIR,</b>
			<b>V MALVIKA</b>
			<b>DAMINI GOWDA</b>
			<b>SHIVANI KATARIA</b>
Silver	SRI LANKA	09:26.47	MACHIKO RAHEEM,
			HIMANI VITHANAGE
			UTHAMA SILVA,
			ISHANI ERANDIKA SENANAYAKE
Bronze	PAKISTAN	09:48.04	LIANNA CATHERINE SWAN,
			BISMA KHAN,
			AREEBA SHAIKH,
			KIRAN KHAN
<b>Record SAR: 08:55.98 SHRADDHA SUDHIR, V MALVIKA, DAMINI GOWDA, SHIVANI KATARIA</b>			



**Women- Medley 4X100**

<b>Medal</b>	<b>Country</b>	<b>Time</b>	<b>Athlete</b>
Gold	INDIA	<b>04:30.91</b>	<b>MAANA PATEL</b>
			<b>CHAHAT ARORA</b>
			<b>DAMINI GOWDA</b>
			<b>SHIVANI KATARIA</b>
Silver	PAKISTAN	04:48.01	BISMA KHAN, SWAN
			LIANNA CATHERINE
			KIRAN KHAN
			AREEBA SHAIKH
Bronze	BANGLADESH	04:50.36	NAIMA AKTER, ,
			MISS MAHFUZA KHATUN
			SONIA AKTAR,
			MISS NAJMA KHATUN
<b>Record SAR: 04:30.91 MAANA PATEL, CHAHAT ARORA, DAMINI GOWDA, SHIVANI KATARIA</b>			